



**Health Matters Newsletter  
July 1, 2022  
Today's Health Matters Includes:**

- OCCHN Meeting Schedule
- Community Meetings
- Project Manager Posting for Cowichan Health Survey- Attached
- A Series of Surveys from Social Planning Cowichan
- Municipality of North Cowichan Satisfaction Survey
- Gender Diverse Legal Writing Guide



*Happy Canada Day!*

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- ✓ **Next Admin Committee Meeting July 7- 4:00 pm zoom call**
  - ✓ **Next Our Cowichan Network Meeting July 14 Zoom**
  - ✓ **Next EPIC Committee Meeting- July 21, 2022, 1:30 pm-3:00 pm zoom call** contact Cindy [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) for access
  - ✓ **Cowichan CAT – June 23 2022, 10 am -noon** contact Leah Vance [leahlcvance@gmail.com](mailto:leahlcvance@gmail.com)

## **Omicron Continues to Circulate Please GET Boosted**

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**Project Manager Posting – Our Cowichan Communities Health Network Health Survey-** closes July 3, 2022

- Attached Please distribute broadly
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## Social Planning Cowichan Wants to Hear from You! Check out the Surveys Below.

(I took the happiness survey and have discovered that I am VERY happy). Thanks to all of you! 😊

- SPC website link to all surveys: <https://www.socialplanningcowichan.org/current-surveys>
  - Happiness Survey: <https://spcvancouver.happycounts.org/survey/directToSurvey>
  - Youth Survey: <https://docs.google.com/forms/d/e/1FAIpQLSdaVRgMnSlgRGsVKv-ulN6vQwF28TrFyMI6Sq1CFt0NDZmE4Q/viewform>
  - Community Survey: [https://docs.google.com/forms/d/e/1FAIpQLSdqmsbNWIEILs9qr\\_qOQ4fcvhyiu\\_rhkDvZlPYBcGF5MLlkg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdqmsbNWIEILs9qr_qOQ4fcvhyiu_rhkDvZlPYBcGF5MLlkg/viewform)
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### North Cowichan Citizen Satisfaction Survey

North Cowichan is launching its second Citizen Satisfaction Survey and invites residents to share their feedback!

Through telephone interviews conducted by Forum Research Inc., randomly selected residents will be asked for their input on a variety of topics such as satisfaction with the services provided by the Municipality, quality of life, and value for taxes. The survey will run from June 22 to July 8.

- **Phones will display 877-453-0539 as the incoming number**

Residents who do not receive a call to complete the randomly selected telephone survey can still participate and share their feedback through an online version of the survey, which is open for input until July 8.

- **[Take the survey now\(External link\)!](#)**

The results of the 2022 Citizen Satisfaction Survey will be compared against the baseline [2019 Citizen Satisfaction Survey\(External link\)](#), and Council and staff will use this information to identify improvements and determine priorities. Results will be made available later this summer. All information collected through the survey will remain confidential, individual responses will not be shared, and results will be provided in an aggregate form only.

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## **We've Published Our Gender Diverse Legal Writing Guide**

The British Columbia Law Institute is pleased to announce the release of *Gender Diversity in Legal Writing: Pronouns, Honorifics, and Gender-Inclusive Techniques*, which is designed to assist professionals in writing about people in a gender-diverse way.

The Guide contains simple writing techniques applicable to all types of writing, including:

- How to write about specific persons versus people generally
- What to do when you don't know a person's honorifics
- How to use "they" as a singular pronoun
- Strategies to avoid binary and exclusionary language
- Examples of gender-inclusive language
- Options for replacing or eliminating the pronoun
- How to change point of view or voice

The Guide includes a [glossary of key terms and common misconceptions](#) that provides definitions for terms like nonbinary and outing, and identifies pitfalls of certain language. A [pocket guide](#) is also available, which provides an at-a-glance summary of the major principles contained in the Guide. Financial support for the Guide was provided by the Law Foundation of British Columbia.

The Guide is available [here](#).

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## **Health Matters Newsletter**

**Do you have a resource, event or information you would like to share?**

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the Friday Newsletter